



Characterization of the Dosimetry System in Terms of $H_p(3)$ for Eye Lens Dose Assessment

2nd Cycle Integrated Project In Engineering Physics

Miriam da Silva Simões, nº110898

Supervisors: Dr. João Henrique Garcia Alves
Dr. Katharina Lorenz





Radiological Protection Principles



Justification of practices

Use of ionizing radiation must produce net-benefit for an individual or society



Optimization of protection

Exposure and number of exposed individuals must be as low as reasonably achievable (ALARA)



Dose limitation

Dose limits for planned exposure situations to prevent deterministic effects and reduce the risk of stochastic effects





Dose Limits



| Type of limit | | Occupational exposure | Public exposure |
|-----------------|----------------|-----------------------|-----------------|
| Effective dose | | 20 mSv/yr | 1 mSv/yr |
| Equivalent dose | Eye lens | 20 mSv/yr | 15 mSv/yr |
| | Skin | 500 mSv/yr | 50 mSv/yr |
| | Hands and feet | 500 mSv/yr | 50 mSv/yr |

Exposure situations:

- Planned exposure
- Existing exposure
- Emergency exposure

Exposure categories:

- Occupational exposure (A and B)
- Public exposure
- Medical exposure





LiF:Mg,Cu,P (TLD-100H) Detectors



Figure 1: LiF:Mg, Cu, P (TLD-100H) detectors placed inside cards.

Advantages of LiF compounds:

- Tissue equivalence
- Large operational range of doses
- Dose-rate independent behavior
- Reusability

LiF:Mg,Cu,P (TLD-100H) is specifically chosen for its higher sensitivity, lower detection limits, and negligible fading





Characterization Tests for Dosimeter Performance



- Linearity
- Energy dependence - from N30 X-rays to ^{60}Co
- Angular dependence— normal incidence, $\pm 20^\circ$, $\pm 40^\circ$, and $\pm 60^\circ$
- Reproducibility
- Measurement uncertainty

Dosimeters are inserted into a holder to assess $H_p(3)$ and placed on the surface of the head phantom (Perspex cylinder with 20 cm diameter and 30 cm height filled with water)



Figure 2: Harshaw 6600E TLD readers used to analyze LiF:Mg,Cu,P detectors and measuring $H_p(3)$.

Conclusions



**Relevance of eye lens
monitoring**
Increased radiosensitivity



TLDs
Multiple advantages



Radiation protection
Dose limits and protection
principles



Characterization tests
Assessment of dosimeter
performance