

2nd Cycle Integrated Project



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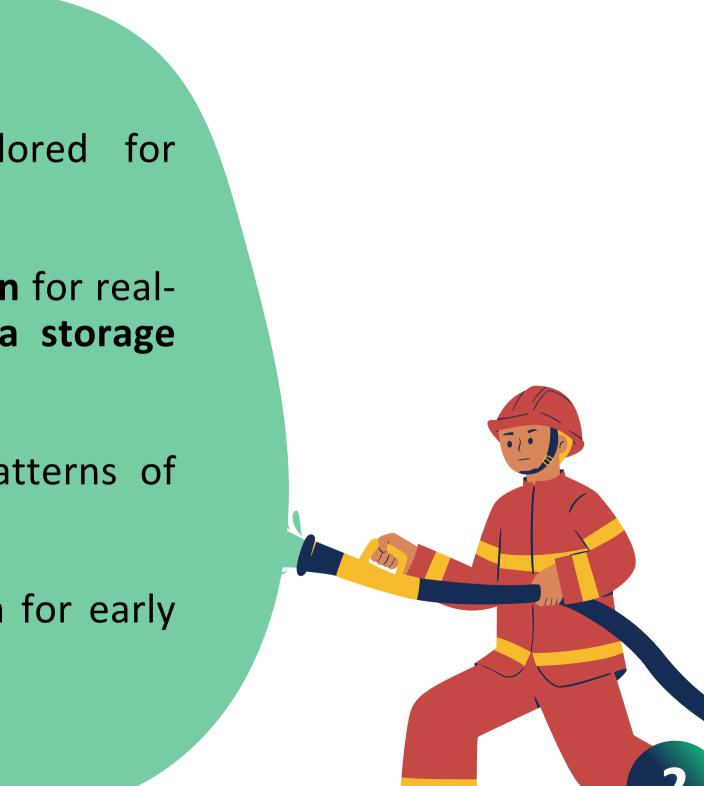
Wearable Sensors for **Enhanced Assisted Rescue Response**

SafeFire Project Goals

- Develop wearable sensors tailored for firefighting environments;
- Enable Bluetooth data transmition for realtime monitoring and offline data storage for post-mission analysis;
- Analyze ECG data to identify patterns of physical fatigue;
- Build an automated alert system for early detection of health crises;



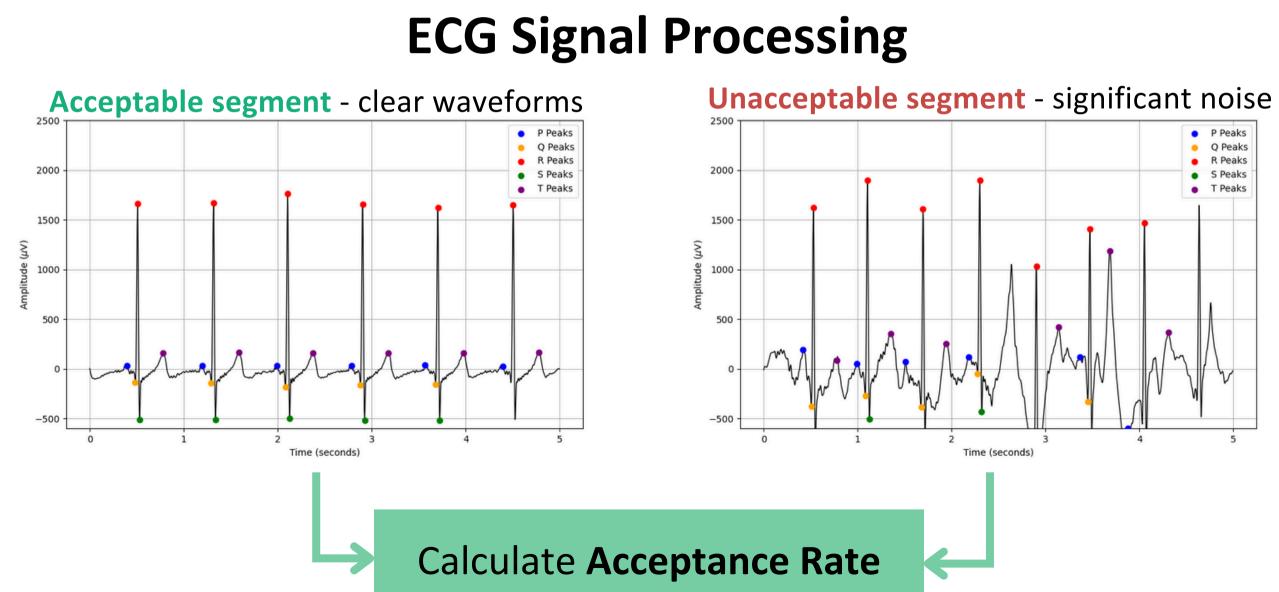




Methodolody **Real Conditions Data**

Data collection

Data aquisition during regular duties + Daily activity forms







Preliminary Results

High activity intensity \rightarrow Lower acceptance rates

Reported fatigue \rightarrow Longer ST interval

Too limited data to confirm any trends

Need to gather more data for robust conclusions





Proposed Work

Expanded Testing

Increase sample size: 40 new volunteers;

Include diverse environments: rural and urban firefighting.

Data Collection Goals

Compare performance of the two electrode types;

Identify ECG patterns linked to fatigue.





Future Plans

Apply machine learning for automated fatigue detection;

Develop real-time alerts for health risks during firefighting.



Conclusion

Summary

- Project combines ECG monitoring, smart undergarments, and realworld testing;
- Focus on **detecting physical fatigue**.

Future Impact

• Incorporate larger datasets and machine learning for real-time alerts;

Key Takeaway

• SafeFire aims to revolutionize emergency response, ensuring mission success and protecting lives.





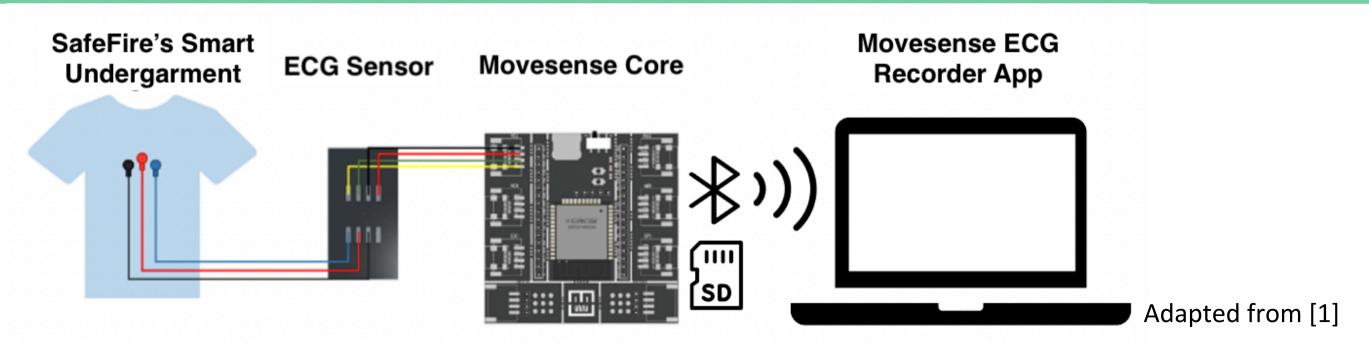


Thank you for your attention

Methodolody Smart Undergarment



- Tight fit ensures electrode contact and signal quality;
- Sleeveless design minimizes noise from arm movement;
- Real-time Bluetooth streaming and offline SD card storage;
- Heat-resistant materials suited for firefighting;
- Two versions with different electrodes to optimize signal acquisition.



[1] E. R. Varela, "Smart Undergarment for Firefighter Monitoring under Dynamic Conditions," Master's thesis, Instituto Superior Técnico (Portugal), Nov. 2022.

