Proton therapy for glioblastoma multiforme: preclinical radiobiological studies and evaluation of gold nanoparticles as radiosensitizers

Ana Rita C. Teixeira¹, Catarina I. G. Pinto², Sérgio J. C. Do Carmo^{1,3}, Sofia Silva^{4,5}, Maria Paula C. Campello^{2,6}, Pedro Santos², Paulo Crespo^{7,8}, Joana Lencart^{4,9}, Célia M. Gomes¹⁰, António Paulo^{2,6}, Antero J. Abrunhosa^{1,3}, Filipa Mendes^{2,6}, Francisco Alves^{1,11}

1 ICNAS/CIBIT — Instituto de Ciências Nucleares Aplicadas à Saúde/Coimbra Institute for Biomedical Imaging and Translational Research, Universidade de Coimbra, Pólo das Ciências da Saúde, Coimbra, Portugal

2 C²TN - Centro de Ciências e Tecnologias Nucleares, Instituto Superior Técnico, Universidade de Lisboa, Campus Tecnológico e Nuclear, Lisboa, Portugal

3 ICNAS Pharma, Edifício do ICNAS, Polo das Ciências da Saúde, Coimbra, Portugal

4 Grupo de Física Médica, Radiobiologia e Proteção Radiológica, Centro de Investigação do IPO Porto (CI-IPOP), IPO-Porto, Porto, Portugal

5 Serviço de Física Médica, IPO Coimbra, Coimbra, Portugal

6 DECN – Departamento de Engenharia e Ciências Nucleares, Instituto Superior Técnico, Universidade de Lisboa, Lisboa, Portugal

7 LIP - Laboratório de Instrumentação e Física Experimental de Partículas, Coimbra, Portugal

8 FCTUC – Faculdade de Ciências e Tecnologia da Universidade de Coimbra, Departamento de Física, Coimbra, Portugal

9 Medical Physics Service, IPO Porto, Porto, Portugal

10 iCBR—Coimbra Institute for Clinical and Biomedical Research, Faculty of Medicine, University of Coimbra, Portugal 11 IPC - Instituto Politécnico de Coimbra (Coimbra Health School), Coimbra, Portugal

Keywords: FLASH proton therapy, radiotherapy, glioblastoma, gold nanoparticles, radiobiology

Introduction:

Glioblastoma multiforme (GBM) is the most prevailing primary brain malignancy in adults and presently remains a fatal condition^[1]. Hence, proton therapy has been presented as an alternative to conventional radiotherapy treatment in GBM, since its dose-depth curve offers efficient tumor damage while avoiding undesired radiation exposure to normal brain tissue. Adding an extra FLASH effect to proton irradiation would also reduce neurotoxicity as opposed to standard low-dose exposure^[2]. Complementarily, the use of gold nanoparticles (AuNPs) to improve radiotherapy effectiveness has also been proposed for glioblastoma tumors, since AuNPs act as local radiosensitizers upon interaction with external radiation due to the release of Auger electrons^[3]. The first goal of this work is to optimize a PET cyclotron-based FLASH proton beam for *in vitro* research due to the lack of biological data in this area. Later on, glioblastoma cells will be exposed to Co-60 γ-radiation, kilovoltage X-rays and to the proton beam for evaluation of radiobiological effects in the presence and absence of the AuNPs.

Methods

A PET cyclotron-based FLASH proton irradiation set-up was assembled at ICNAS -University of Coimbra (figure 1)^[4]. The dosimetry of the system was assessed using a calibration curve from a standard radiotherapy LINAC applied to proton-irradiated EBT3 films, allowing to establish a direct relationship between the measured integrated beam charge and the absorbed dose at the target. FLASH dose rate measurements were performed by determination of target exposure time. Later on, the glioblastoma cell lines U87 and U373 were exposed to 160 kVp X-rays, Co-60 γ -radiation and protons to compare effects on cell survival. Finally, U373 cells were subjected to a combined treatment including different types of radiation and AuNP incubation to quantify dose enhancement effects. Two types of AuNPs were evaluated in this study: GBM targeted AuNP-BBN (bombesin) and their untargeted counterparts AuNP-DOTA^[5].

Results

A calibration for the FLASH proton irradiation system was successfully determined by associating the proton dose at the target to the integrated beam charge. FLASH measurements yielded a dose rate of 13.5 Gy/s. Irradiation experiments without AuNPs showed that U373 cells are less radiosensitive to γ -radiation than to X-rays and FLASH protons. An identical outcome was observed for the U87 cell line for doses of photon radiation beyond 2 Gy. AuNP-BBN produced a dose enhancement effect in U373 cells when combined with kilovoltage X-rays and FLASH protons as opposed to Co-60 γ -radiation. Additionally, AuNP-DOTA did not enhance radiation effects on U373 cells, confirming that the presence of the bombesin peptide is crucial to promote specific uptake and local radiosensitization.

Conclusion

A PET cyclotron-based FLASH proton beam line was successfully optimized for radiobiological *in vitro* research. We also presented concomitant GBM-targeted AuNP-BBN and radiotherapy as a novel treatment modality for glioblastoma, as AuNP-BBN induced selective and local radiosensitization. Future work will include additional proton beam characterization with Monte Carlo simulations, as well as further proton irradiation studies with other cancer cell lines and complementary AuNP radiosensitizing studies.

Acknowledgments

Financial support: CENTRO2020 and FCT (LISBOA-01-0247-FEDER-045904 UID/Multi/04349/20192020, ProtoTera PhD Fellowship PRT/BD/154914/2023 to ARCT and PhD Fellowship 2020.07119.BD to CIGP).

References

- A. R. Valerius, L. M. Webb, and U. Sener, 'Novel Clinical Trials and Approaches in the Management of Glioblastoma', *Curr Oncol Rep*, vol. 26, no. 5, pp. 439–465, May 2024, doi: 10.1007/S11912-024-01519-4/TABLES/6.
- [2] E. S. Diffenderfer, B. S. Sørensen, A. Mazal, and D. J. Carlson, 'The current status of preclinical proton FLASH radiation and future directions', *Med Phys*, vol. 49, no. 3, pp. 2039–2054, Mar. 2022, doi: 10.1002/MP.15276.
- [3] C. Lansangan, M. Khoobchandani, R. Jain, S. Rudensky, C. C. Perry, and R. Patil, 'Designing Gold Nanoparticles for Precise Glioma Treatment: Challenges and Alternatives', Mar. 01, 2024, *Multidisciplinary Digital Publishing Institute (MDPI)*. doi: 10.3390/ma17051153.
- [4] S. Ghithan *et al.*, 'Development of a PET cyclotron based irradiation setup for proton radiobiology', *Journal of Instrumentation*, vol. 10, no. 02, pp. P02010–P02010, Feb. 2015, doi: 10.1088/1748-0221/10/02/P02010.
- [5] F. Silva *et al.*, 'Interrogating the Role of Receptor-Mediated Mechanisms: Biological Fate of Peptide-Functionalized Radiolabeled Gold Nanoparticles in Tumor Mice', *Bioconjug Chem*, vol. 27, no. 4, pp. 1153–1164, Apr. 2016, doi: 10.1021/acs.bioconjchem.6b00102.



Figure 1: Overall view of the PET cyclotron-based FLASH proton beam line with application in radiobiological *in vitro* research including a cell container holder (a) as well as a transversal perspective of the target site and the electronics for beam current assessment (b).