



From Particle Physics to Space

... and health

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Instituto Superior Técnico Laboratório de Instrumentação e Física Experimental de Partículas In space, the radiation environment is responsible for spacecraft system, sub-system and component hazard and damage and it is also responsible by strict constrains on human space exploration.

At Earth's surface, the atmosphere in conjunction with the geomagnetic field provides considerable protection against cosmic rays and solar particle events.





SDO/AIA 304 2010-12-06 14:35:33 UT http://spaceweather.com

Radiation Environment in the Solar System

Galactic Cosmic Rays low flux but highly penetrating **Protons & ions**

Solar Particle Events sporadic, intense & dangerous Electrons, protons & ions

Radiation Belts

high radiation dose **Electrons & protons**



Galactic Cosmic Rays (GCR)



Low flux but highly penetrant

Protons and nuclei: energy spectra peak at ~1 GeV/n
Solar cycle modulated flux inversely proportional to solar activity
E < 1 GeV/n: highly affected by solar activity



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11 year Solar Cycle

Modulation with solar activity

- \star Solar Maximum: solar storms and SEP
- ★ Solar Minimum: more GCR





Solar Cycle 25



Solar Energetic Particle events

- ★ More frequent in "maximum" solar activity years
- ★ Highly unpredictable
- **★** Design for by making statistical assessment



Apollo missions: Solar maximum

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Solar Cycle 20







The Magnetosphere: an invisible shield



In Earth orbits the radiation belts containing trapped electrons and protons constitute the major radiation source



Auroras

Charged particles captured in the radiation belts excite N2 and O2 molecules that emit visible light while returning to the fundamental state



Earth Radiation Belt Regions

High radiation dose, electrons (<10 MeV) & protons (<250 MeV)

Inner belt (700-10000 km)

dominated by protons CRAND = Cosmic Ray Albedo Neutron Decay ~static E~100's MeV

Outer belt (~20000-70000 km)

dominated by electrons Controlled by "storms" Very dynamic E~ MeV

Slot

low intensities of MeV electrons occasional injections of more particles



Earth Radiation Belt Models

Examples of ERB Models: AP8,AE8

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Protons



Electrons



- Based on data from 1960-1970
- Long term averages ... but outer belt is very stormy



Radiation effects on Earth and in orbit





Radiation Environment in Space



RB= radiation belt

JUICE Launch 14 April 2023

The radiation environment in the solar system: from Mercury to Jupiter

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To Mercury – BepiColombo Mission (2018) BERM – BEpiColombo Radiation Monitor

Measurement

- electron, proton and ion spectra
- Earth radiation belts measurements in 2021
- Now near Mercury





To Jupiter – ESA JUICE Mission (2023) RADEM – RADiation hard Electron Monitor

- Measurement
- electron and proton spectra
- ion LET
- electron directionality







ESA Contract No. 4000137865/22/ES/JD - Expert support to BERM (BepiColombo Environment Radiation Monitor) & RADEM units on board BepiColombo and JUICE spacecraft (LIP,SE2S) ESA Contact No. 4000110643/13/NL/HB - RADEM Proto-Flight Model (EFACEC, PSI, IDEAS, LIP)

The radiation environment in the solar system: from Mercury to Jupiter

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Jovian System Energetic Particle Environment

Severe environment in terms of ionizing particles





S P A C RACIATION ENVIRONMENT E L I P

RADIATION ENVIRONMENT MODELING

MARSREM: THE MARS ENERGETIC RADIATION ENVIRONMENT MODELS

LIP developed **dMEREM**, a **Geant4 based model for the radiation environment on Mars**, **Phobos and Deimos**, including local treatment of surface topography and composition,

Inputs given as a function of latitude, longitude, in a 5 x 5 degree grid, and season.

Example of dMEREM results: Particle radiation arriving on Mars surface after GCR-alpha interaction with atmosphere and soil









It is possible to remain in Martian surface for some time with no serious risk for the astronauts!

For longer permanences shelters are required...

What do Space & Health applications have in common?



RADIATION





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Human space flight The danger of the interplanetary travel

The most dangerous phase while travelling to Mars , from the point of view of the radiation hazard, is the interplanetary travel !

The biggest danger is the possibility of a SEP reaching the mission..

Mitigation Strategies:

- Shelters inside water compartments or other
- Faster propulsion system
- SEP Forecasting tools and alarms
- Radiopharmaceuticals ...





What is cancer?



Cancer is a group of diseases in which there is an abnormal and uncontrolled proliferation of cells that originated from a "normal" cell that mutated, giving rise to cells that have the ability to continue to multiply, spreading to other tissues and organs beyond those to which the original cell belonged.





Radiotherapy

Radiotherapy with radioactive sources or internal radiotherapy

• Brachytherapy:

Photons and electrons released from sources - "seeds" - placed close to the tissue to treat



Radiotherapy

Radiotherapy with external beams

- LINACs
- electrons and photons
 - Cyclotrons and synchrotrons

protons and carbon ions







Charged particles



Therapy with hadrons

Proton/ion therapy

- energetic protons/ions are produced in an accelerator
- energetic protons/ions are directed at the tumor
- Varying the energy of the protons/ions results in good control of the penetration depth
- Beam can be focused to the size of a pin
- less damage to healthy tissue than electron or gamma therapy





Therapy with hadrons

therapeutic application of accelerators:

particle-based radiotherapy, **including protons and heavy ions**





The advantage of protons/ions

Protons

Protons stop!

At a depth that depends on their initial energy

X-rays and gamma rays don't!

They continue to traverse tissues beyond the region that is being treated



The use of protons avoids unnecessary irradiation of the heart, lungs and intestines that happens in the case of x-ray radiotherapy



Photons (x-rays / gamma rays)



and there is more...

Questions?